

Teriyaki Chicken Wings

Yield: 24 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-japanese-chicken-wings>

Ingredients:

- 1 cup water
- 1 cup soy sauce
- 1 cup white sugar
- 1/4 cup pineapple juice
- 1/4 cup vegetable oil
- 1 tablespoon garlic minced fresh
- 1 tablespoon fresh ginger minced
- 3 pounds chicken wings or drumettes

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 45 milligrams
4. Fat: 11 grams
5. Protein: 11 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 640 milligrams
8. Sugar: 9 grams

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