

Chicken Karaage (Japanese Style Fried Chicken)

Yield: 5 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-chicken-thigh-recipe>

Ingredients:

- 2 pounds chicken thighs boneless, skin on
- 6 tablespoons soy sauce
- 4 tablespoons sake
- 1 tablespoon ginger grated
- 1 tablespoon garlic grated
- 2 eggs
- 1 cup potato starch or cornstarch
- vegetable oil for frying

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 235 milligrams
4. Fat: 33 grams
5. Fiber: 2 grams
6. Protein: 37 grams
7. SaturatedFat: 8 grams
8. Sodium: 1260 milligrams
9. Sugar: 2 grams

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