

Tsukune (Japanese Chicken Meatballs)

Yield: 8 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-chicken-ball-recipe>

Ingredients:

- 1 pound chicken breast mince, ground, note 1
- 3 7/8 tablespoons chicken fat finely minced, note 1
- 1/2 teaspoon salt
- 1 egg large
- 1 tablespoon onion grated
- 1 teaspoon ginger grated, juice only
- 1 teaspoon light soy sauce
- 1 1/2 tablespoons cornflour /corn starch
- 1 1/2 tablespoons sake
- 2 11/16 tablespoons soy sauce normal Japanese soy sauce
- 2 11/16 tablespoons mirin
- 1/2 tablespoon sugar

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 3 grams
3. Cholesterol: 60 milligrams
4. Fat: 2.5 grams
5. Protein: 13 grams
6. SaturatedFat: 1 grams
7. Sodium: 560 milligrams
8. Sugar: 1 grams

Thank you for visiting our website. Hope you enjoy Tsukune (Japanese Chicken Meatballs) above. You can see more 19 japanese chicken ball recipe Experience culinary bliss now! to get more great cooking ideas.