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Chicken Ramen

Yield: 4 min Total Time: 165 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-chicken-bone-broth-recipe

Ingredients:

- 2 pounds chicken bones
- 1 pound chicken wing tips
- 1 leek small, cut into 4 pieces
- 1 5/8 inches ginger fresh sliced into 8 coins
- 4 cloves garlic unpeeled
- vegetable oil for frying the aromatics
- 2 3/4 inches dashi kombu
- 10 cups water
- 1/4 cup toasted sesame oil
- 3 scallions white part only, minced
- 1 tablespoon soy sauce
- 1 cup soy milk unsweetened
- 1 tablespoon soy sauce
- 1 tablespoon salt
- 4 ramen noodles portions, fresh boiled according to package directions

Nutrition:

Calories: 470 calories
Carbohydrate: 7 grams
Cholesterol: 85 milligrams

4. Fat: 38 grams5. Fiber: 1 grams6. Protein: 23 grams7. SaturatedFat: 7 grams8. Sodium: 2370 milligrams

9. Sugar: 3 grams

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