

Japanese Chicken and Vegetable Soup

Yield: 6 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-chicken-and-vegetable-recipe>

Ingredients:

- 5 boneless, skinless chicken breast halves sliced, ~3 lbs
- 12 ounces soba noodles
- 8 cups hot water
- 4 1/2 tablespoons miso paste
- 2 1/2 tablespoons soy sauce
- 2 inches fresh ginger piece, peeled and cut into matchsticks
- 2 small carrots peeled and cut into matchsticks
- 6 scallions diagonally sliced
- 1 red bell pepper deseeded and chopped
- 5 bok choy halved longways
- 2 teaspoons toasted sesame oil
- toasted nori for topping
- chopped fresh cilantro for topping
- olive oil spray