

Red Miso Roasted Cauliflower

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-cauliflower-recipe>

Ingredients:

- 1 head cauliflower or one package frozen cauliflower
- 2 tablespoons miso paste
- 2 tablespoons rice wine vinegar
- 1 tablespoon oil sesame seed
- 1 tablespoon soy sauce
- 2 tablespoons green onion chopped
- 1 tablespoon sesame seeds

Nutrition:

1. Calories: 100 calories
2. Carbohydrate: 11 grams
3. Fat: 5 grams
4. Fiber: 4 grams
5. Protein: 5 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 590 milligrams
8. Sugar: 4 grams

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