

Matsutake Gohan, Japanese Matsutake Rice

Yield: 2 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-cake-fruit-nuts-recipe>

Ingredients:

- 4 cups water
- 1 ounce seaweed dried kombu
- bonito flakes A big handful of shaved
- 10 ounces matsutake mushrooms sliced and chopped, see below
- 2 cups medium grain rice or short-
- 2 tablespoons sake
- 2 tablespoons soy sauce
- 1 tablespoon mirin
- 1 teaspoon salt
- 12 nuts ginkgo, peeled, optional
- chives optional
- mitsuba optional

Nutrition:

1. Calories: 950 calories
2. Carbohydrate: 168 grams
3. Fat: 17 grams
4. Fiber: 7 grams
5. Protein: 26 grams
6. SaturatedFat: 1 grams
7. Sodium: 2120 milligrams
8. Sugar: 5 grams

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