

Cafe Au Lait Pudding

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-cafe-au-lait-recipe>

Ingredients:

- 2 cups whole milk
- 3 tablespoons coffee granules instant
- 2 tablespoons cornstarch
- 1/4 cup sugar divided
- 1/2 cup heavy cream
- 1/4 teaspoon pure vanilla extract
- canela for sprinkling

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 60 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 4 grams
7. SaturatedFat: 11 grams
8. Sodium: 65 milligrams
9. Sugar: 19 grams

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