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## Japanese Braised Pork Belly

Yield: 4 min Total Time: 205 min

Recipe from: https://www.recipeschoose.com/recipes/japanese-buta-no-kakuni-recipe

## **Ingredients:**

- 1 1/8 pounds pork belly boneless
- 1 tablespoon oil for browning the pork
- 2 tablespoons sugar
- 2 tablespoons fresh root ginger peeled & thinly sliced
- 4 3/4 tablespoons soy sauce
- 2 tablespoons mirin
- 2 tablespoons rice wine vinegar
- 1 fruit star anise
- 6 spring onions roughly chopped
- 1 7/8 cups water

## **Nutrition:**

Calories: 740 calories
Carbohydrate: 11 grams
Cholesterol: 90 milligrams

4. Fat: 70 grams5. Fiber: 1 grams6. Protein: 13 grams7. SaturatedFat: 24 grams8. Sodium: 1120 milligrams

9. Sugar: 7 grams

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