

Kinpira Gobo

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-burdock-carrot-recipe>

Ingredients:

- 1 gobo burdock root, Sasagaki cut
- 1 carrot thinly cut
- 1 tablespoon oil
- 1/4 cup dashi or water
- 2 1/2 tablespoons soy sauce
- 1 tablespoon sugar
- 1 tablespoon sake
- 1 tablespoon mirin
- 1 tablespoon sesame seeds
- hot pepper Shichimi Togarashi, red

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 6 grams
3. Fat: 5 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. Sodium: 600 milligrams
7. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Kinpira Gobo above. You can see more 20 japanese burdock carrot recipe Savor the mouthwatering goodness! to get more great cooking ideas.