

Brandy Alexander Milkshake

Yield: 4 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-brandy-cake-recipe>

Ingredients:

- 2 ounces brandy such as Cognac or Korbel
- 2 ounces creme de cacao we used dark
- 4 scoops vanilla ice cream
- whipped cream homemade
- nutmeg

Nutrition:

1. Calories: 230 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 30 milligrams
4. Fat: 8 grams
5. Fiber: 1 grams
6. Protein: 8 grams
7. SaturatedFat: 5 grams
8. Sodium: 55 milligrams
9. Sugar: 18 grams

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