

Japanese Braised Pork Belly (Kakuni)

Yield: 6 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-food-recipe-using-pork-belly>

Ingredients:

- 1 1/2 pounds pork belly
- 2 cups water
- 2 1/2 teaspoons dashi stock
- 1/2 cup mirin
- 1/4 cup sake
- 1/4 cup soy sauce
- 2 tablespoons sugar
- 2 inches ginger piece of, peeled
- 1 cup leeks sliced in 2" pieces

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 80 milligrams
4. Fat: 60 grams
5. Protein: 11 grams
6. SaturatedFat: 22 grams
7. Sodium: 650 milligrams
8. Sugar: 5 grams

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