

Buttermilk Peach Pancakes

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-black-sugar-recipe>

Ingredients:

- 1 cup flour I use half whole wheat
- 1 tablespoon sugar
- 1 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1/2 teaspoon salt
- 1 cup buttermilk plus 2 Tablespoons
- 1 tablespoon canola oil
- 1 egg
- 1/4 teaspoon vanilla extract
- 1/4 teaspoon almond extract
- 2 peaches peeled and diced
- strawberries optional
- peaches optional
- sugar syrup optional

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 60 milligrams
4. Fat: 6 grams
5. Fiber: 4 grams
6. Protein: 9 grams
7. SaturatedFat: 1 grams
8. Sodium: 580 milligrams
9. Sugar: 17 grams

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