

Black Pepper Beef Stir Fry

Yield: 2 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-black-pepper-beef-recipe>

Ingredients:

- 7 ounces beef steak cut into small strips
- 1/2 tablespoon oyster sauce
- 1/2 tablespoon light soy sauce
- 1/4 tsp. ground pepper
- 1/4 teaspoon sugar
- 1/2 tablespoon Chinese cooking wine Shaoxing wine
- 2 teaspoons corn starch
- 1 teaspoon sesame oil
- cooking oil vegetable, as needed
- 2 garlic cloves
- 2 green peppers fresh, remove the seeds and finely shredded
- 1/4 red onion shredded
- freshly ground black pepper

Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 12 grams
3. Fat: 12 grams
4. Fiber: 3 grams
5. Protein: 2 grams
6. SaturatedFat: 1 grams
7. Sodium: 350 milligrams
8. Sugar: 4 grams

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