

15 Easy Bento Lunch Box Ideas

Yield: 1 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-bento-lunches-recipe>

Ingredients:

- 2 muffins
- 1/2 cup cantaloupe
- 1/2 cup sliced cucumbers
- 1 hard cooked egg
- 1 mini bagel
- 1 ounce sliced cheese
- 1/2 berries
- 1/2 pretzels
- 2 falafel
- 2 tablespoons sauce
- 1/2 blueberries
- 1/2 snap peas
- 1/2 cup rotisserie chicken
- 1/2 cup cherry tomatoes
- 2 tablespoons shredded lettuce
- 1 slice grapes
- 2 tablespoons ranch
- 2 tablespoons hummus
- 1/2 cup crackers
- 1 ounce cheese
- 1/2 watermelon
- 1 ounce cheese
- 1/2 watermelon
- 2 tablespoons bean dip
- 1/2 cup crackers
- 1/4 cup edamame beans
- 1/2 cup strawberries
- 2 slices whole grain bread
- 2 tablespoons fruit jam
- 2 whole grain bread
- 1 ounce cheese
- 1 ounce turkey
- 1/2 cup diced pineapple
- 1/2 cup bell pepper

- 2 whole grain bread
- 2 tablespoons hummus
- 2 tablespoons shredded carrots
- 1/2 cup mango
- 1 cookie
- 2 muffins
- 1/2 cup baby carrots
- 1 container applesauce
- 2 muffins
- 1/2 cup yogurt cheese
- 1/2 cup dried fruit
- 1 muffin
- 1 cup milk
- 1/4 cucumber
- 1/2 cup melon
- 1 ounce cheese
- 1/2 cup crackers
- 1/2 cup berries
- 1/2 cup cucumbers
- 1/2 cup peas
- 1/2 cup pretzels
- 1/2 cup strawberries
- 1/2 cup snap peas
- 1/4 cup pinto beans
- 2 tablespoons shredded lettuce
- 2 tablespoons shredded cheese
- 1/2 cup corn
- 1/2 cup baked tortilla chips