

PEPPER STEAK

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/greek-marinated-beef-strips-recipe>

Ingredients:

- 4 steaks
- 11/16 tablespoon butter or 2 Teaspoons
- 8 dry white wine cl of, or 1.6 teaspoons
- 5 teaspoons cream whole liquid, 30% fat
- 1 dash mustard
- pepper from the mill
- 2 tablespoons pepper mignonette
- 1 teaspoon veal stock
- 1/4 teaspoon cognac or champagne
- 2 tablespoons grapeseed oil
- salt or fine salt

Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 10 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 1 grams
7. SaturatedFat: 3 grams
8. Sodium: 240 milligrams
9. Sugar: 5 grams

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