

Japanese Beef and Vegetable Curry

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-beef-cube-recipe>

Ingredients:

- 1 pound cubed beef or sliced
- 3 potatoes peeled and cut into large cubes
- 2 carrots cut into chunks
- 1 onion chopped
- 2 cups button mushrooms sliced
- 1 tablespoon ginger grated
- 3 cloves garlic grated
- red chili flakes to taste
- 1/2 teaspoon turmeric powder
- 1/2 curry a packet of Golden, Cubes, about four large cubes
- 4 cups water
- 1 bell pepper sliced
- 1 bunch green onion sliced, whites and greens divided
- 3 tablespoons soy sauce
- 1 cup frozen peas optional
- 1 cup coconut milk
- boiled eggs Garnishes:, and green of onion, optional

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 48 grams
3. Fat: 15 grams
4. Fiber: 11 grams
5. Protein: 10 grams
6. SaturatedFat: 13 grams
7. Sodium: 770 milligrams
8. Sugar: 10 grams

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