

Saffron Barberry Cookies

Yield: 20 min
Total Time: 12 min

Recipe from: <https://www.recipeschoose.com/recipes/japanese-barberry-recipe>

Ingredients:

- 1 5/8 cups all purpose flour
- 1/2 teaspoon baking powder
- 1/2 cup powdered sugar
- 7 tablespoons butter softened
- 1 egg yolk
- 2 1/2 tablespoons yogurt
- 1 teaspoon saffron brewed
- 1 teaspoon cardamom powder
- 3 7/8 tablespoons barberries cleaned, washed & dried
- 1 5/16 tablespoons pistachio slivered, for garnish, optional

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 20 milligrams
4. Fat: 4.5 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 45 milligrams
9. Sugar: 3 grams

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