

# Jansson's Temptation

Yield: 4 min  
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/swedish-anchovies-recipe>

## Ingredients:

- 6 potatoes medium
- 2 Spanish onions finely sliced
- 1 can anchovy fillets drained and chopped
- 1 1/4 cups double cream pot
- butter
- 4 tablespoons breadcrumbs fresh
- black pepper
- crusty bread to serve
- salad or green veg to serve

## Nutrition:

1. Calories: 640 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 140 milligrams
4. Fat: 39 grams
5. Fiber: 9 grams
6. Protein: 12 grams
7. SaturatedFat: 24 grams
8. Sodium: 160 milligrams
9. Sugar: 6 grams

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