

Duck with Orange Sauce

Yield: 4 min
Total Time: 110 min

Recipe from: <https://www.recipeschoose.com/recipes/christmas-duck-recipe-orange>

Ingredients:

- 1 duck 5 lbs or more
- 1/2 teaspoon salt
- 1/4 teaspoon pepper
- sauce
- 3/4 cup brown sugar packed
- 1 tablespoon butter
- 2 teaspoons grated orange zest
- 3/4 cup orange juice
- 4 pieces orange thinly sliced, optional

Nutrition:

1. Calories: 970 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 155 milligrams
4. Fat: 78 grams
5. Fiber: 2 grams
6. Protein: 22 grams
7. SaturatedFat: 27 grams
8. Sodium: 570 milligrams
9. Sugar: 33 grams

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