

15 Minute Lo Mein

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/jamie-oliver-15-minute-swedish-meatballs-recipe>

Ingredients:

- 2 tablespoons dark soy sauce Pearl River Bridge
- 1 tablespoon light soy sauce Pearl River Bridge
- 1 teaspoon sesame oil
- 1 teaspoon sugar
- 6 ounces ramen noodles uncooked
- 1 tablespoon sesame oil
- 3 green onions chopped, separate green parts from white parts - you'll use both separately
- 3 cups vegetables julienne cut or chopped, like carrots, red peppers, cabbage, bok choy, mushrooms, or broccoli
- 2 tablespoons mirin

Nutrition:

1. Calories: 330 calories
2. Carbohydrate: 46 grams
3. Fat: 13 grams
4. Fiber: 6 grams
5. Protein: 9 grams
6. SaturatedFat: 4 grams
7. Sodium: 1600 milligrams
8. Sugar: 2 grams

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