

# Pama Party Punch

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-um-punch-recipe-for-a-party>

## Ingredients:

- lemon slices optional
- orange optional
- 12 ounces Pama Pomegranate Liqueur
- 12 ounces rum Banks 5 Island
- 8 ounces orange juice
- 3 ounces lemon juice
- 1 quart cranberry juice
- 2 quarts ginger ale chilled

## Nutrition:

1. Calories: 550 calories
2. Carbohydrate: 93 grams
3. Fiber: 4 grams
4. Protein: 1 grams
5. Sodium: 45 milligrams
6. Sugar: 79 grams

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