

# Miso Pumpkin Soup

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-vegetarian-pumpkin-soup-recipe>

## Ingredients:

- 2 pounds pumpkin kabocha, or butternut squash
- 1 pound sweet potatoes
- 4 cloves garlic peeled
- 3 tablespoons olive oil divided
- salt
- ground black pepper Freshly
- 1 shallot chopped
- 2 teaspoons ginger freshly grated
- 3 tablespoons yellow miso or mellow white, gluten-free if necessary
- 6 cups vegetable stock
- 2 tablespoons chives chopped, or scallions
- 1/2 teaspoon shichimi togarashi or black and/or white sesame seeds