

Mango Carrot Smoothie

Yield: 2 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-mango-carrot-juice-recipe>

Ingredients:

- 1 cup carrot juice I used Bolthouse Farms
- 1 cup mango frozen
- 1 cup ice
- 1/4 cup water I added this to blend the smoothie better