

Jamaican Johnny Cakes

Yield: 20 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-johnny-cakes-recipe>

Ingredients:

- 2 cups cake flour
- 3/4 cup cornmeal finely ground, plus extra for the pans
- 1/2 teaspoon baking soda
- 1 1/2 teaspoons baking powder
- 3/4 teaspoon salt
- 1 teaspoon ground clove
- 2 sticks unsalted butter softened
- 1 cup granulated sugar
- 2 large eggs
- 1 teaspoon vanilla bean paste or extract
- 1 cup buttermilk full fat

Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 45 milligrams
4. Fat: 10 grams
5. Fiber: 1 grams
6. Protein: 3 grams
7. SaturatedFat: 6 grams
8. Sodium: 180 milligrams
9. Sugar: 11 grams

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