

# Jamaican Jerk Chicken Wings

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-jerk-hot-wings-recipe>

## Ingredients:

- 20 chicken wings
- 2 tablespoons El Yucateco XXXtra Hot Sauce
- 1/3 cup sugar
- 1/4 cup scallions chopped
- 1 garlic clove minced
- 1 1/2 tablespoons dried thyme
- 1 tablespoon paprika
- 1 tablespoon allspice
- 1 tablespoon ground ginger
- 1 tablespoon salt
- 1/2 tablespoon ground black pepper
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1/4 cup olive oil
- 1 lime

## Nutrition:

1. Calories: 1070 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 305 milligrams
4. Fat: 76 grams
5. Fiber: 3 grams
6. Protein: 72 grams
7. SaturatedFat: 18 grams
8. Sodium: 1870 milligrams
9. Sugar: 16 grams

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