

Jamaican Jerk Chicken Tacos

Yield: 5 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-pineapple-chicken-recipe>

Ingredients:

- chicken Jamaican Jerk
- 1 1/2 pounds chicken breast
- 2 tablespoons oil
- 1/4 cup lime or Orange Juice
- 2 tablespoons jerk seasoning
- 1 teaspoon salt
- salsa Pineapple Orange
- 1 cup pineapple
- 1/2 cup fresh orange or Mango, peeled and diced
- 1/4 cup cilantro diced
- 1/2 jalapeno diced, optional
- cream Spicy
- 3/4 cup sour cream
- 3 tablespoons habanero hot sauce or Sriracha
- 6 flour tortillas Small, fajita size

Nutrition:

1. Calories: 820 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 305 milligrams
4. Fat: 31 grams
5. Fiber: 3 grams
6. Protein: 95 grams
7. SaturatedFat: 10 grams
8. Sodium: 1590 milligrams
9. Sugar: 8 grams

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