

Cuban Rice and Beans With Crispy Fried Plantains

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-fried-plantains-recipe>

Ingredients:

- 4 tablespoons vegetable oil divided
- 1 plantain sweet
- 1 cup rice
- 15 ounces black beans rinsed and drained
- 1 red bell pepper, sliced
- 2 cups water
- 1 tablespoon Knorr Chicken Flavor Bouillon
- 1 tablespoon finely chopped fresh parsley
- 1 Spanish onion