

# Jamaican Fried Festival

Yield: 4 min  
Total Time: 82 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-fried-festival-recipe>

## Ingredients:

- 1 cup all-purpose flour
- 1/2 cup cornmeal
- 1 1/2 teaspoons baking powder
- 1/4 cup white sugar or brown
- 1/2 teaspoon nutmeg
- 2 teaspoons vanilla
- 1/2 teaspoon salt
- 1/2 cup cold water
- oil for frying

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 49 grams
3. Fat: 6 grams
4. Fiber: 2 grams
5. Protein: 5 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 500 milligrams
8. Sugar: 13 grams

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