

Cauliflower Cream Soup

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-fish-head-soup-recipe>

Ingredients:

- 1 carrot
- 1 red onion mid size
- 2 cloves garlic
- 1 cauliflower
- salt
- pepper
- olive oil
- 1 tea spoon Dijon mustard
- 4 1/4 cups soup chicken base
- 7 1/16 tablespoons cheese smoked
- red cabbage Walnut-apple
- chicken Whole baked
- bean soup Chili
- smoked trout
- cream soup Strawberry
- cream soup Potato
- potato soup with sausage
- cream soup Green peas