

Sweet Jamaican Festival Dumpling

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-festival-dumpling-recipe>

Ingredients:

- 2 cups flour
- 1/2 cup fine cornmeal
- 1/2 teaspoon salt
- 4 tablespoons brown sugar
- 1/2 teaspoon baking powder
- 1/2 teaspoon vanilla
- milk or water **
- 3 cups cooking oil

Nutrition:

1. Calories: 1770 calories
2. Carbohydrate: 69 grams
3. Fat: 165 grams
4. Fiber: 3 grams
5. Protein: 8 grams
6. SaturatedFat: 12 grams
7. Sodium: 370 milligrams
8. Sugar: 9 grams

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