

# Slow Cooker Jamaican Curry Chicken

Yield: 5 min  
Total Time: 195 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-curry-chicken-recipe-slow-cooker>

## Ingredients:

- 3 1/2 pounds chicken thighs see notes
- 1 teaspoon spice or more curry, /powder
- salt
- pepper
- 1/4 cup canola oil or more
- 1 onion sliced
- 1 tablespoon minced garlic
- 3 sprigs thyme
- 1/2 teaspoon paprika
- 2 tablespoons spice Curry, /powder
- 1 cup coconut milk
- 1/2 cup chicken broth or water
- 1 bay leaf
- 1 tablespoon tomato paste
- 1 pepper scotch bonnet
- 1 pound potatoes or more peeled cut in medium pieces
- 1 pound carrots and green beans, more or less
- 1 teaspoon chicken bouillon optional
- salt to taste

## Nutrition:

1. Calories: 1010 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 265 milligrams
4. Fat: 71 grams
5. Fiber: 7 grams
6. Protein: 59 grams

7. SaturatedFat: 24 grams
  8. Sodium: 740 milligrams
  9. Sugar: 8 grams
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