

Debesmanna (Latvian Cranberry Mousse)

Yield: 6 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-cream-of-wheat-porridge-recipe>

Ingredients:

- 3 cups cranberry juice unsweetened
- 1/2 cup sugar
- 1/2 cup cream of wheat
- milk for serving

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 43 grams
3. Fiber: 1 grams
4. Protein: 2 grams
5. Sodium: 25 milligrams
6. Sugar: 32 grams

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