

Cinnamon Bun Pancakes

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-cinnamon-bun-recipe>

Ingredients:

- 1 1/2 cups flour
- 3 tablespoons sugar
- 1/2 teaspoon salt
- 4 teaspoons baking powder
- 1 tablespoon cinnamon
- 2 eggs beaten
- 1 cup milk
- 2 tablespoons maple syrup
- 1/4 cup melted butter
- 1 tablespoon vanilla
- 1 cup confectioners sugar
- 2 tablespoons melted butter
- 2 tablespoons milk

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 90 grams
3. Cholesterol: 160 milligrams
4. Fat: 22 grams
5. Fiber: 2 grams
6. Protein: 12 grams
7. SaturatedFat: 12 grams
8. Sodium: 1030 milligrams
9. Sugar: 50 grams

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