

Spicy Carrot Juice

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/jamaican-carrot-juice-recipe-with-milk>

Ingredients:

- 1/2 lime small
- 1 sprig cilantro
- 1/2 teaspoon mild curry powder
- 1/2 teaspoon hot curry powder
- 3/4 cup carrot juice
- 2 tablespoons milk 1.5% fat

Nutrition:

1. Calories: 30 calories
2. Carbohydrate: 6 grams
3. Fiber: 1 grams
4. Protein: 1 grams
5. Sodium: 20 milligrams
6. Sugar: 3 grams

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