

Jade Noodles

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/jade-east-recipe>

Ingredients:

- 8 ounces linguini dry noodles-, soba noodles, thin spaghetti, rice noodles or gluten free noodles
- 1 bunch asparagus 8 ounces
- 4 ounces snow peas
- 1 bunch broccolini – or sub broccoli or green beans -8 ounces
- 16 edamame onces, shelled
- 8 ounces tofu baked, or pressed tofu, or sub chicken breast
- 4 baby spinach generous handfuls, 4 ounces, more to taste
- 3 scallions sliced
- toasted sesame seeds optional
- avocado optional
- cilantro optional
- sprouts optional
- 1/3 cup olive oil
- 2 tablespoons sesame oil
- 1/3 cup soy sauce or gluten free Bragg's liquid amino acids
- 1/4 cup rice wine vinegar
- 3 tablespoons brown sugar or coconut sugar or palm sugar
- 1 tablespoon chili sauce like sambal olek or sriracha
- 2 tablespoons ginger finely chopped
- 3 garlic fat cloves, finely minced