

# Risotto

Yield: 8 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/risotto-recipe-india>

## Ingredients:

- 2 cups Parmesan Romano, Or Asiago Cheese, or A Mixture Of All Three
- 3 cloves garlic to 4 Cloves
- 1/2 whole onion Large
- 1 tablespoon olive oil
- 1 tablespoon butter
- 1 pound arborio rice
- 7 cups chicken broth to 8 Cups
- 1 cup heavy cream to 1 1/2 Cups
- 1 tablespoon chives to 2 Tablespoons, Chopped
- salt
- pepper

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 51 grams
3. Cholesterol: 70 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 18 grams
7. SaturatedFat: 13 grams
8. Sodium: 590 milligrams
9. Sugar: 1 grams

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