

Italy Inspired Spaghetti Bolognese

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/tutres-italy-recipe>

Ingredients:

- 1 pound ground beef
- 1/2 cup chopped onions
- 1 tablespoon minced garlic
- 1 cup shredded zucchini
- 26 7/16 ounces tomatoes Pomi Strained
- 3 tablespoons Italian seasoning
- salt to taste

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 24 grams
7. SaturatedFat: 7 grams
8. Sodium: 280 milligrams
9. Sugar: 7 grams
10. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Italy Inspired Spaghetti Bolognese above. You can see more 16 tutres italy recipe Elevate your taste buds! to get more great cooking ideas.