

Golden Roasted Cauliflower with Pecorino Romano Cheese

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-italian-roasted-cauliflower>

Ingredients:

- 1 head cauliflower about 2-1/2 pounds, cut into florets about 1-1/2" wide*
- 3 tablespoons extra-virgin olive oil
- 3/4 teaspoon kosher salt
- 1/4 teaspoon ground black pepper freshly
- 3 tablespoons Pecorino Romano cheese freshly grated
- chopped parsley Handful fresh, optional

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 10 milligrams
4. Fat: 13 grams
5. Fiber: 3 grams
6. Protein: 6 grams
7. SaturatedFat: 3 grams
8. Sodium: 620 milligrams
9. Sugar: 3 grams

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