

Authentic Italian Zeppole

Yield: 8 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-zeppole-recipe>

Ingredients:

- 3 medium eggs
- 2 13/16 tablespoons butter
- 5 5/8 tablespoons sugar
- 1 grated lemon peel
- 1 cup water
- 1 1/4 cups flour
- fine salt as needed
- 3 egg yolks
- 3 1/4 tablespoons flour or cornstarch
- 1/2 vanilla beans
- 6 tablespoons sugar
- 1 cup whole milk
- 8 cherries in syrup
- peanut oil , as needed

Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 170 milligrams
4. Fat: 11 grams
5. Fiber: 1 grams
6. Protein: 7 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 170 milligrams
9. Sugar: 21 grams

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