

Milk Gelato

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/the-best-italian-gelato-recipe>

Ingredients:

- 1 cup heavy cream
- 3 cups milk
- 1 cup sugar
- 7 teaspoons cornstarch
- 1 tablespoon apricot preserves

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 71 grams
3. Cholesterol: 115 milligrams
4. Fat: 31 grams
5. Protein: 10 grams
6. SaturatedFat: 19 grams
7. Sodium: 160 milligrams
8. Sugar: 63 grams

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