

Whole Chicken Crock Pot

Yield: 6 min
Total Time: 250 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-whole-chicken-crock-pot-recipe>

Ingredients:

- whole chicken approx 4-5 pounds
- 1/2 cup rub seasoning Chicken Dry, Blend, choose from 3 options below printable recipe
- 1 white onion sliced
- 1/2 cup water

Nutrition:

1. Calories: 290 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 165 milligrams
4. Fat: 8 grams
5. Protein: 51 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 190 milligrams
8. Sugar: 1 grams

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