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Parmesan Garlic Chicken Pasta Bake

Yield: 8 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/italian-white-cheese-pasta-recipe

Ingredients:

- 3 tablespoons olive oil
- 1 pound chicken breast cubed
- salt and ground black pepper Coarse
- 8 ounces baby spinach bag fresh, or kale
- 5 cloves garlic minced
- 1 pound pasta whole grain tubular
- 4 cups chicken stock unsalted
- 2 1/2 cups evaporated milk 1 ¹/₂ 12 oz. cans
- 2 tablespoons cornstarch
- 2 cups white cheese shredded, Gruyere, gouda, white cheddar, divided
- 1/2 cup shaved Parmesan cheese divided
- 3 tablespoons panko breadcrumbs
- 1/4 cup flat leaf Italian parsley chopped

Nutrition:

- 1. Calories: 710 calories
- 2. Carbohydrate: 62 grams
- 3. Cholesterol: 130 milligrams
- 4. Fat: 37 grams
- 5. Fiber: 2 grams
- 6. Protein: 35 grams
- 7. SaturatedFat: 17 grams
- 8. Sodium: 620 milligrams
- 9. Sugar: 6 grams

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