

Italian White Bean Chicken

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-white-bean-recipe>

Ingredients:

- 2 cloves garlic sliced
- 4 boneless, skinless chicken breast halves
- 4 zucchinis sliced
- 31 ounces white beans drained
- 2 Roma tomatoes chopped
- 10 fresh basil leaves
- salt
- pepper

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 55 grams
3. Fiber: 14 grams
4. Protein: 18 grams
5. Sodium: 220 milligrams
6. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Italian White Bean Chicken above. You can see more 20 italian white bean recipe Deliciousness awaits you! to get more great cooking ideas.