

Italian Burgers

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-turkey-sweet-italian-capris-sausage>

Ingredients:

- 1 pound ground sirloin
- 8 ounces Italian turkey sausage
- 1 1/2 teaspoons italian seasoning
- 1/2 teaspoon kosher salt
- 12 slices mozzarella cheese
- 6 hamburger buns or Italian Rolls
- 1 cup marinara sauce
- butter for toasting buns

Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 45 grams
3. Cholesterol: 190 milligrams
4. Fat: 46 grams
5. Fiber: 4 grams
6. Protein: 58 grams
7. SaturatedFat: 21 grams
8. Sodium: 2050 milligrams
9. Sugar: 12 grams
10. TransFat: 1 grams

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