

Italian Tuna Melt

Yield: 3 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-tuna-melt-recipe>

Ingredients:

- 10 ounces tuna packed in oil drained
- 1/2 cup mayonnaise
- 2 teaspoons Dijon mustard
- 2 teaspoons red wine vinegar
- 2 tablespoons pepperoncini about 5 peppers jarred, chopped
- 2 tablespoons roasted red peppers jarred, chopped
- 2 tablespoons fresh parsley, chopped
- 1 tablespoon capers drained
- 1 stalk celery diced
- 1/8 teaspoon garlic powder
- salt
- pepper
- 2 slices Italian bread
- olive oil
- 1 clove garlic
- fontina cheese sliced
- arugula
- radicchio thinly sliced
- olive oil
- red wine vinegar
- pepperoncini Jarred, sliced

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 10 milligrams
4. Fat: 28 grams
5. Fiber: 3 grams
6. Protein: 3 grams

7. SaturatedFat: 4 grams
 8. Sodium: 800 milligrams
 9. Sugar: 4 grams
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