

Italian Tortellini Salad with Grilled Chicken

Yield: 7 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-tortellini-salad-recipe>

Ingredients:

- 1 pound cheese tortellini cooked according to package instructions
- 1 bottle Wish-Bone Italian Dressing
- 2 cups chicken Tyson® Grilled and Ready, reheated in microwave
- 1 cup mini sweet peppers sliced
- 1 cup frozen artichoke hearts thawed and chopped
- 1 cup grape tomatoes sliced in half
- 1/2 cup sliced black olives
- 1/4 cup diced red onion finely

Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 43 grams
3. Cholesterol: 70 milligrams
4. Fat: 26 grams
5. Fiber: 5 grams
6. Protein: 23 grams
7. SaturatedFat: 6 grams
8. Sodium: 1440 milligrams
9. Sugar: 7 grams

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