

Italian Pasta Salad

Yield: 5 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/sweet-italian-pasta-recipe>

Ingredients:

- 1/2 pound pasta uncooked
- 3 ounces salami about 80 grams
- 1 1/2 cups grape tomatoes 1 pint, halved
- 1/2 green bell pepper chopped
- 1/2 red bell pepper chopped
- 1/4 cup red onion chopped
- 1/2 cup black olives kalamata, halved
- 4 ounces mozzarella balls bocconcini, halved
- 1 1/2 tablespoons fresh parsley finely chopped
- 1/2 cup Italian dressing homemade or store-bought
- Parmesan cheese grated, optional, for serving

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 30 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 15 grams
7. SaturatedFat: 6 grams
8. Sodium: 890 milligrams
9. Sugar: 6 grams

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