

Sweet Italian Taralli Cookies (Gluten Free & Paleo)

Yield: 5 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-taralli-cookies-recipe>

Ingredients:

- 4 15/16 ounces farinha de mandioca
- 6 3/8 tablespoons flour Tigernut
- 5 5/8 tablespoons coconut flakes
- 2/3 tablespoon matcha powder
- 5 2/3 tablespoons coconut milk
- 5 7/8 tablespoons apple sauce
- 2 1/4 tablespoons coconut oil
- 2 teaspoons lemon juice
- 1/2 teaspoon vanilla extract
- 1 7/16 teaspoons honey optional
- stevia to taste

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 15 grams
3. Fat: 14 grams
4. Fiber: 2 grams
5. Protein: 2 grams
6. SaturatedFat: 12 grams
7. Sodium: 5 milligrams
8. Sugar: 5 grams

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