

Italian Taco Cups

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/italian-taco-recipe>

Ingredients:

- 1 pound hamburger
- 1 pound italian sausage
- 28 ounces diced tomatoes cans RO*TEL
- 32 ounces tomato sauce Hunt's
- 4 cups water
- 4 tablespoons minced onion
- 1 1/2 teaspoons garlic salt
- 1 green pepper large
- 1 1/2 cups noodles macaroni
- shredded cheddar cheese to garnish, optional
- flour tortillas
- olive oil
- garlic salt

Nutrition:

1. Calories: 1050 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 185 milligrams
4. Fat: 67 grams
5. Fiber: 11 grams
6. Protein: 49 grams
7. SaturatedFat: 24 grams
8. Sodium: 1990 milligrams
9. Sugar: 28 grams
10. TransFat: 1 grams

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